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A Christ-Centred  
Recovery Program!

No Hurt is Beyond Healing...  
No Habit is Beyond Help...  
**No Hang-up is Beyond Hope!**



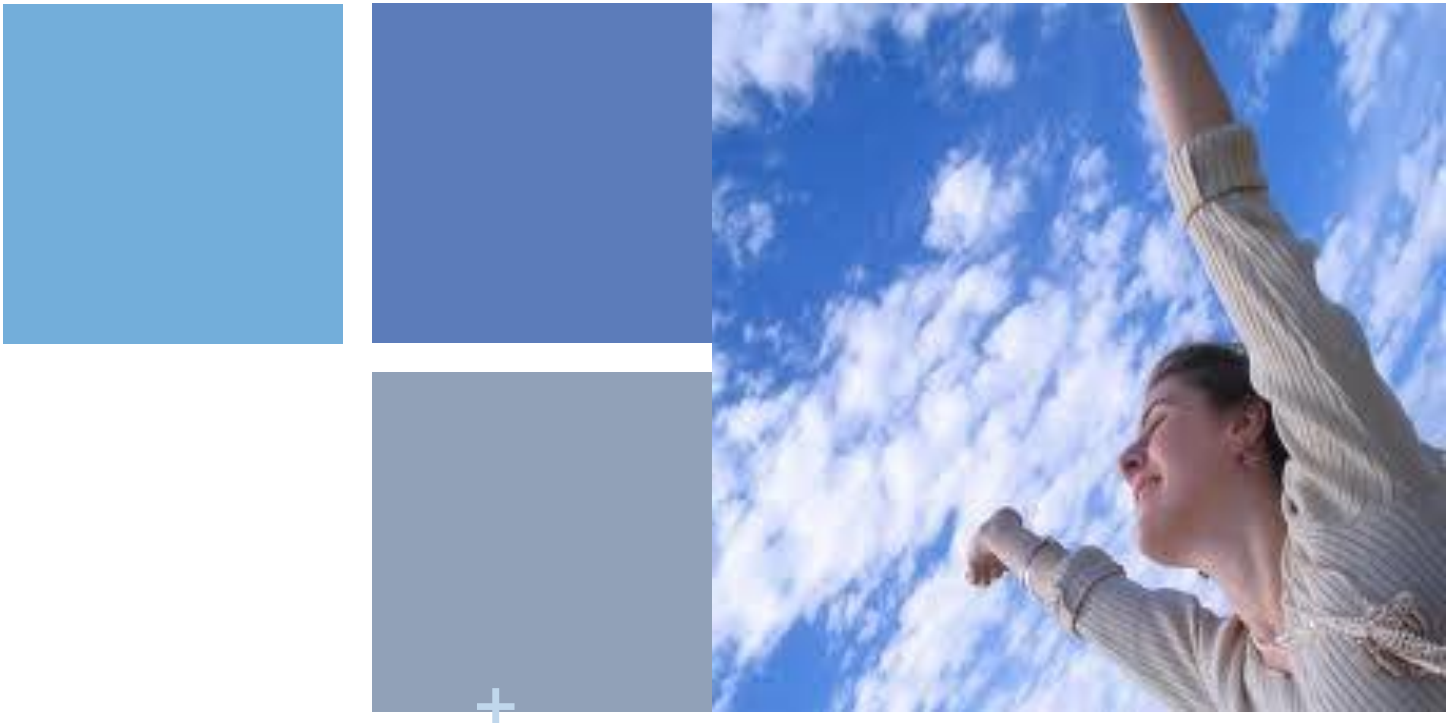
# CELEBRATE RECOVERY



Celebrate Recovery opens the door  
to healing from life's hurts, hangups  
and habits...

*"For the Lord is the Spirit, and wherever the  
Spirit of the Lord is, there is freedom"*

- 2 Corinthians 3:17



# Celebrate Recovery

## What is Celebrate Recovery?

More and more, it has become obvious that the Church needs to be a safe place for discussing and working through the real issues of life.

Many pastors have realized their inability to address and handle the many problems within the body of Christ, both in not having the time and experience.

Celebrate Recovery is a time tested and proven programme that has provided a safe place in 1000's of churches and institutions, for people to find healing , wholeness and freedom from life's hurts, hang-ups and habits!

While on staff at Saddleback Church, Celebrate Recovery founder, Pastor John Baker, presented the idea of a Christ-centred program for the whole family to Pastor Rick Warren in 1991. Beginning with the 12 steps of recovery and their biblical comparisons, Baker also

developed eight principles based on the Beatitudes to form the ministry's foundation. The mission is to provide a safe environment that produces life change or Kingdom results. Celebrate Recovery is not just for "those people."

We have all been affected by sin and need the healing and transformation only God provides. In the words of Pastor Warren, "We've learned that every single person—as a member of the human race—deals with a hurt, a hang up, or a habit at some level, in some form." Celebrate Recovery is not just for addiction, it also produces changed lives and healing in other areas, such as life's hurts, codependency, sexual purity, eating disorders and more....

# How does it work?



**Across the years**, a curriculum was developed to help participants work through the process of recovery and provide tools for guidance.

**These resources are the:**

- **Celebrate Recovery Participants Guides**
- **Celebrate Recovery Bible Celebrate Recovery Journal**
- **The First Step To Celebrate Recovery**
- **Life's Healing Choices (along with the Study Guide and Journal).**
- **Celebrate Recovery 365----day Devotional**

**There are three dimensions that are emphasized.**

A Large group time---- where men and women gather together for worship, and a teaching time of the 12 steps and eight principles broken up into 25 lessons and rotated with testimonies of people's stories of life change with Christ and the program.

Gender and issue specific open share groups using the Guidelines of Celebrate Recovery. This is where people start to get honest about their struggles which opens the door for healing. The guidelines are designed to keep Celebrate Recovery a safe place.

A step study----(which is like an intensive discipleship class) is held where participants explore the four guides and work through the principles. This is a nine to 12---- month commitment depending on group size, and is still gender specific, but can have mixed issues. There is always time before and after which may involve a meal and/or coffee time, which gives the participants an opportunity to form healthy relationships and to build strong accountability teams/ partners/ sponsors, which is such a vital part of recovery. Emphasis is on community, and that recovery is not meant to be done alone!

Penny Street writes,

*"I am the Regional Representative for Celebrate Recovery Australia. I am also an accredited Minister with COCWA and work professionally as an Aged Care and Social Housing Chaplain with the Bethanie Group. I have 15 years experience of Celebrate Recovery and nearly 20 years recovery experience, personally and working with others toward recovery. I have been trained in a number of recovery paradigms, but have found Celebrate Recovery to be the most effective, with being able to provide continuous support and helping people towards Christ centred life change. Since 2004, I have attended 10 Celebrate Recovery Summits (intensive trainings) under PS John Baker (founder of CR) and with the like of John Townsend and Henry Cloud. I will celebrate 20 years sobriety on the 26 July this year from addiction and other issues. CR Australia was set up by Keith and Viv Lehmann who brought it to Australia. I have taken over from them. Keith still helps as Viv passed away in 2016 from Alzheimers Disease."*

## WHAT IS A HURT?

The feeling of being hurt is an emotional reaction to another person's behavior or to a disturbing situation (abuse, abandonment, codependency, divorce, relationship issues, grief, distress, etc.).

## WHAT IS A HABIT?

A habit is an addiction to someone or something (alcohol, drugs, food, gambling, sex, shopping, smoking, etc.)

## WHAT IS A HANGUP?

Hang-ups are negative mental attitudes that are used to cope with people or an adversity (anger, depression, fear, or unforgiveness).

## Serenity Prayer

God, grant me the serenity to  
accept the things I cannot change,  
the courage to change the things I can,  
and the wisdom to know the difference.

Living one day at a time, enjoying  
one moment at a time; accepting  
hardship as a pathway to peace,  
taking as Jesus did, this sinful  
world as it is, not as I would have it;  
trusting that You will make all things  
right if I surrender to Your will; so that  
I may be reasonably happy in this life,  
and supremely happy with  
You forever in the next.

AMEN

Reinhold Niebuhr

# Celebrate Recovery Australia

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Springwood Church and Conference Centre

9.30am-4pm, June 7 2019.

Register with Corne by 5 June 2019. Cost \$30